



# Growing as followers of Jesus

## Leaders Guide

### Introduction:

**This week we explore the concept of the Holy Spirit. What it is and how it may feel to encounter it.**

**We have used a YouTube clip that helps kids understand and link into the messages in our project. There is also a simple cooking activity to illustrate the trinity and a craft activity to symbolise the presence of the holy spirit as the wind. The children are encouraged to give the "kite" to a parent or friend and tell them about how it links to the concept of the Holy Spirit.**

### Ideas for Families

- **There are some great resources online check out this video from Saddleback kids <https://youtu.be/OMQKy1Mx49M>**
- **Share some stories of any Special encounters you may have had with the Holy Spirit; it is ok if it isn't anything dramatic it is more about having a conversation around how you know that God has been with you.**
- **Have a game of tabletop straw soccer to show how even though we cannot see it, the breath can move things.**
- **Be excited to receive the kite!**

### Ideas for Congregations:

- **In small groups discuss what "the Holy Spirit" has felt like to individuals.**

**E.g. Was it like a wind, a breath, a flame, a voice, a nudge, a whisper, a dove etc.?**

- **If the craft was done in kids church, ask the kids about their designs and their understanding of the holy spirit.**
- **Write on paper qualities you think of the Holy Spirit you could turn them into paper aeroplanes, wind twisters or use them as your basis for kites.**





# Growing as followers of Jesus

## Leaders Guide

### Heart of the Story (Everyone Chat):

**Can you see the wind, how do you know that it is there? You see it move in the trees, in the clouds, we feel it on our face. The Holy Spirit is God's Spirit present with us today. You cannot see it which makes it hard sometimes, but you can feel it like that moment when you know you are doing something important for God, or you can notice it when someone comes to help you and it was unexpected but just at the right time. Sometimes the Spirit reminds us of someone or something that someone might need, and we act and discover it was true. The Holy spirit still wants to work with us today to help us be part of God's family and to make the ideas of God's world happen.**

**The bible reading is from Acts 2 where the disciples had their first experience of the power of the Holy Spirit.**

**In this story there is an encounter with "violent wind", they see "tongues of fire" and the "Holy Spirit" filled their individual bodies. Prior to this in Acts 1:4, they had been told by Jesus to expect something, and so it seems there was a sense of openness for what was about to come.**

### Activities

#### Recipe:

- 1. Place eggs in a saucepan with cold water. Eggs go first, then water.**
- 2. Put pan over high heat and bring water to the boil. Once pan is boiling leave boiling for 3-5 minutes.**
- 3. Remove pan from heat.**
- 4. Let the eggs stand in the hot water for approx. 15 minutes.**
- 5. Drain eggs and put in a bowl filled with ice water or let cool to room temperature naturally.**





# Growing as followers of Jesus

## Who is the Holy Spirit?

Name of  
the Book

Chapter

Verse

**Act**

**2**

**1-4**

1. When the day of Pentecost came, they (Jesus's disciples) were all together in one place. 2 Suddenly a sound like the blowing of a violent wind came from heaven and filled the whole house where they were sitting. 3 They saw what seemed to be tongues of fire that separated and came to rest on each of them. 4 All of them were filled with the Holy Spirit and began to speak in other tongues[a] as the Spirit enabled them.



### Getting Ready!

See if you can get near an open window, can you feel the breeze coming in? Is there a fan where you are, what does it feel like on your face?

## DID YOU KNOW?

The Hebrew word for the Holy spirit is Ruakh (Roo-ahk). It means wind or breath.

Stop and think for a moment what the wind feels like. When was the last time you felt the wind? You cannot see the wind you can only see where it has been.

Just like the wind we cannot see the Holy Spirit, but we can see where it has been when it has moved in our lives, in others' lives or in the world.

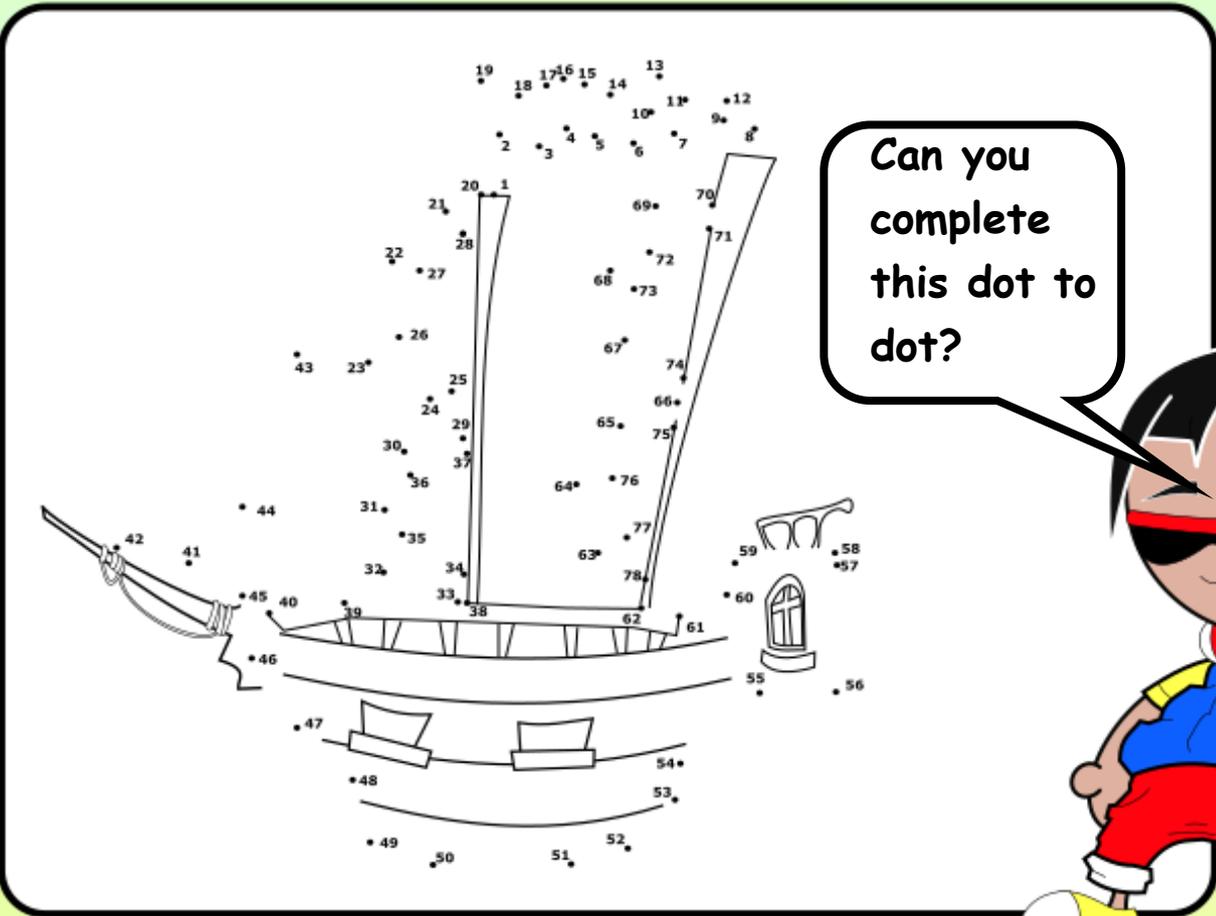
It is no accident that the word also means breathe. Think about your breathing for a moment. There is nothing closer to you than you are breathing. Without us breathe we no longer live. This is how close God wants to be with us as close as our breathing, with us all the time, bringing us life and bringing life to the world!

### PRAISING GOD!

Dear God,  
Thanks heaps, for giving us your holy spirit that can be as exciting as a new gift and as soft as a wind nudging us to do something.  
Amen

### SORRY GOD

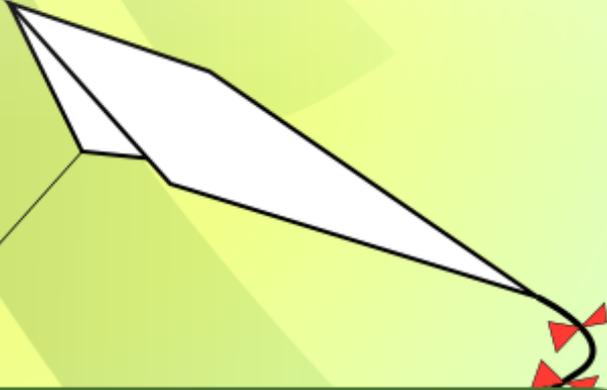
Hey God,  
Sorry for the times I do not listen to your nudges. Please help me be opened to being filled with the gift of the Holy Spirit. I want you to be my helper, my guide in life and to guide me how to pray. Amen.



Can you complete this dot to dot?



Make a Kite! Try to fly your kite and imagine the wind is the Holy Spirit lifting your kite.

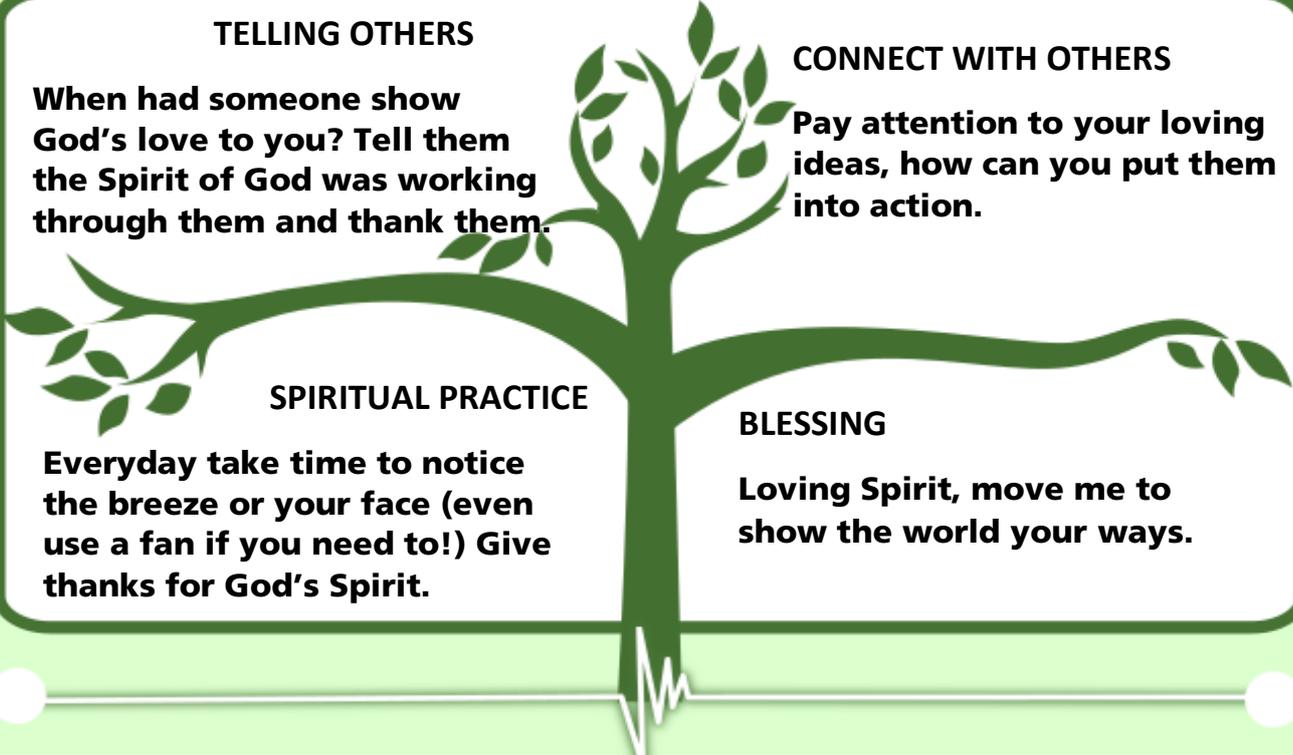


**TELLING OTHERS**

When had someone show God's love to you? Tell them the Spirit of God was working through them and thank them.

**CONNECT WITH OTHERS**

Pay attention to your loving ideas, how can you put them into action.



**SPIRITUAL PRACTICE**

Everyday take time to notice the breeze or your face (even use a fan if you need to!) Give thanks for God's Spirit.

**BLESSING**

Loving Spirit, move me to show the world your ways.