

# PULSE MAIL Thomas

## Trust and Belief!

The Lord has risen! And after Easter we have a beautiful story that reminds us about having Faith and not doubting!

'Have you ever wondered about Jesus or God or the Bible? I wonder what you have doubts about?' Have you ever heard a story from a friend, that you just couldn't believe it? Or read a passage from the bible and thought to yourself, 'NO WAY! How could that be?! I need to see it with my own eyes!

Jesus appears in a closed room to a group of his disciples after his crucifixion and resurrection. Another disciple, Thomas, is not in the room when Jesus appears. When his fellow disciples tell him about their experience, Thomas says he needs proof it is Jesus. He wants to see the marks left from the suffering in order to believe Jesus has appeared. A few days later, Jesus appears to his disciples in a closed room again. This time Thomas is there and he apologises for ever doubting him.

Having faith and believing things without seeing proof can be difficult at times. There will be times in your life, as you follow Jesus, when you will have things you are unsure about. It might be in terms on to who Jesus was or some of the things he did, or it might be about how you can believe all this happened, or it might be being unsure about how Jesus is asking us to live our lives.

I am sure that each of you has some questions about Jesus or some things you are not sure of. Having these questions is okay. It is important that we know that doubts are both normal and okay and that, at different times, we all have doubts about a great range of things. As we learn more about Gods Love for us, your faith will grow stronger as well as beliefs in Jesus as we learn that God is always with us. Even Thomas, who spent so much time with Jesus, had a hard time believing some things that happened, so it is pretty normal for any of us today to have questions or doubts. Even though you can't see God, he will always around you.

"I need to see it to believe it - Thomas"

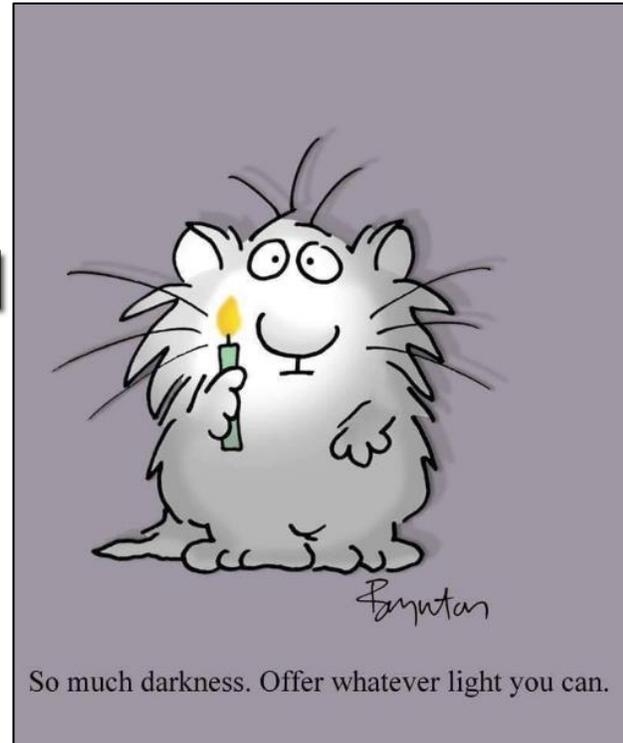
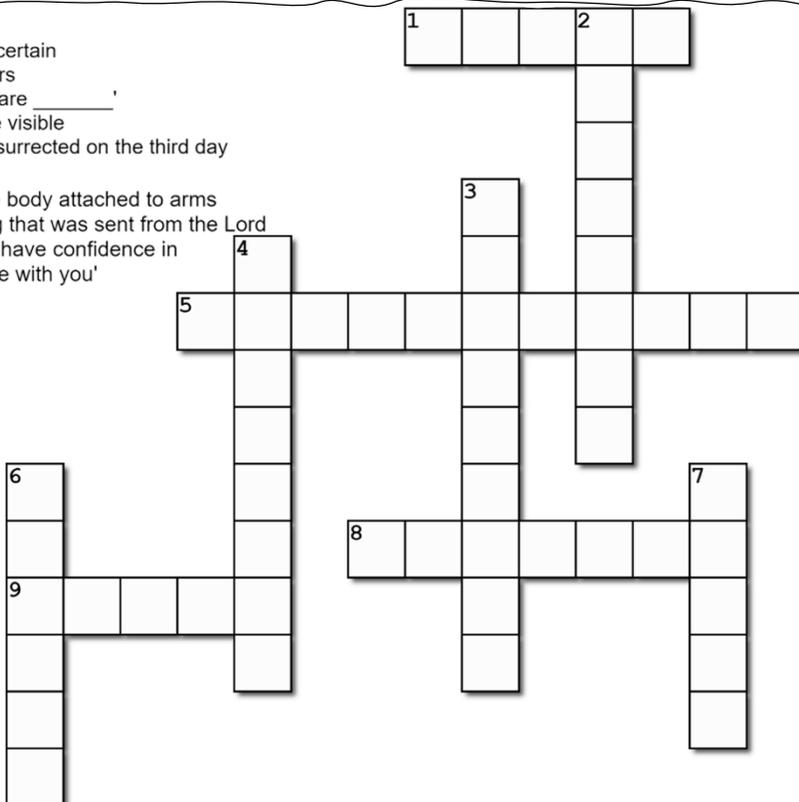
READING: Read John 20: 19-31

### Down

2. feeling uncertain
3. 12 followers
4. 'their sins are \_\_\_\_\_'
6. to become visible
7. he was resurrected on the third day

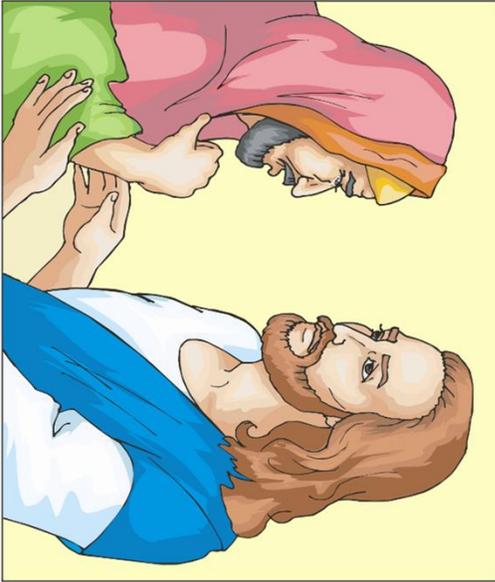
### Across

1. part of the body attached to arms
5. something that was sent from the Lord
8. to trust or have confidence in
9. '\_\_\_\_\_ be with you'



So much darkness. Offer whatever light you can.

Write the letter that comes between the two letters to find out what Jesus said to a doubtful Thomas.



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SU GI NP LN ZB RT ' AC DF BD ZB TV RT DF SU GI NP TV GI ZB RT SU  
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 ZB MO CE XZ DF SU  
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 AC DF KM HU DF UW DF CE

# PRAYER:

Dear God,

Thank you for trusting in us when at time we doubt  
 your love and don't believe in you. May you continue to  
 bless us, that we may have faith as we learn more in  
 trusting you in everything we do.

Amen.



## WORD SEARCH

Find and circle the following words hidden in the puzzle

D J E S U S P G N L  
 F O T E H L O S P H R  
 O A U B O H R D E J O C  
 R M A P T M D E I O E  
 G E W P I E N S H I  
 I S S E U D O A G N I  
 V S I A L F Q I P R V  
 E I A C F B E L I  
 Z A C F B E L I  
 T H E B E L I P R V  
 H E B E L I P R V  
 T H E B E L I P R V

- DOUBTING
- RECEIVE
- BELIEVE
- FORGIVE
- APPEAR
- THOMAS
- JESUS
- JOHN
- MESSIAH
- GOSPEL
- PEACE
- LORD

